

Coronavirus Statement from Town of Douglas Public Health Nurse

March 3, 2020

Town of Douglas Residents:

The Coronavirus is a growing concern for the world and our community is no exception. At this time, we ask that you participate in the following recommendations to do your part in staying healthy and keeping others healthy as well:

1. Follow the same protocol as for the flu.
2. If anyone has flu-like symptoms, stay home.
3. Under no circumstances should you medicate a child and send them to school; they need to stay home and be fever free for 24 hours.
4. Practice good hand washing.
5. Cover your mouth when you cough or sneeze. Use a tissue or your inner elbow, not your hands.
6. Avoid touching eyes, nose and mouth with unwashed hands.

There is no need to panic at this time and the best thing we can do as a community is to follow normal flu precautions listed above.

The Board of Health participates in ongoing drills and trainings for emergencies and pandemic preparedness and, if need be, we are ready to respond.

We will keep everyone updated as more information becomes available.

For more information please visit:

<https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>

Should you have any questions or concerns, please contact Agnieszka Podstawka, BSN, RN
Public Health Nurse, Town of Douglas, 508- 476-4000 ext.211.
apodstawka@douglasma.org